

KIDS WORLD

Mental wellness essential to child growth

Drug abuse, pregnancy, suicide... the list of teen problems goes on. A way to help prevent them is to instill positive values into their young minds at an earlier age.

Combating teen problems at an early stage

According to child adolescent medical psychiatrist Dr. Wong Chung-kwong, who also chairs Whole Person Education Foundation and innovated the ICAN model to enhance mind wellness, behavioral problems are also prevalent among younger children.

"Since puberty arrives earlier, problems prevalent in secondary students also exist in the young ones," he said. "Some students start to lose their motivation in their younger days. Not only are they slack in studies, they also show no interest in meeting friends and engaging in leisure activities," he said.

The psychiatrist explained that mental weaknesses are often the causes of these problems and it is imperative to teach them positive values and treasured qualities such as self-discipline and integrity from a young age.

"Knowledge transfer is not sufficient; the trick is that children have to be able to reflect upon themselves and their situations... We teach children how to think if they're honest children, it influences how they act and in turn how they evaluate themselves," he said.

Nurturing of beneficial mental qualities

Be it arts or other interest courses, Dr. Wong said that activities-based courses offer chances that stimulate students to reflect upon themselves. While the psychiatrist has developed a wide range of courses for the Whole Person Development Institute, he also offered some suggestions on how to choose extra-curricular activities for the children.

"These activities have to be matched with a child's stage of development and never be pushed, as haste makes waste. As there are a lot of activities-based courses these days, it is also necessary to pick activities that are established on a sound base, both academically and scientifically.

"Also, parents have to ask themselves questions such as 'What do I want my child to gain from this activity?' and I will give priority to their contribution to establishing desired mental qualities in children. Having these qualities, it is easier for children to be actively engaged in other aspects of life," he said.



Imagination flies high



Children have an unlimited wealth of creative energy. With adequate training they can apply their talent in various fields. Faust's Holiday Theatre and Creative Writing Programmes are great activities for your children's Easter and summer holidays.

Tailored to the needs and age of children, their Holiday Theatre offers workshops that develop confidence, clarity of expression, teamwork, presentation and communication skills. Under careful guidance from experienced and enthusiastic workshop leaders, children explore various drama themes, plays or topics. While children aged 4-5, 6-8 and 8-11 will be able to join the workshops at Easter, the 12-14 year-olds will be included in summer.

Faust Creative Writing Courses help to unlock the potential of our young writers. Children learn how to express themselves through writing and develop their imagination, enrich their writing skills, and increase their confidence using the written word, and learn new techniques to help develop their writing.

Faust International Youth Theatre

Tel: 2547 9114
Website: www.FaustWorld.com

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Candy Style Dress Up

To every adorable little princess, quality French children's fashion brand La Compagnie des Petits brings a playful and colorful collection, Lolita & Pastille.

Playfully decorated with dots pattern in neon green, candy purple and white, every piece of the collection showcases lovely and girly personality as inspired by Paris 1960s style.

Get rid of the boring rainwear in this showery season. Let your girl try on the dots printed raincoat, adorable hat and pretty rain boots. Covered with candy colors, the waterproof must-have items will be her stylish and practical companion on rainy days.

The signature dress, featuring playful candy dots in simple cutting with an adorable butterfly bow as the finishing touch, is another essential piece for the spring closet makeover.

The exquisite French designs are delicately adorned with gorgeous embroidery and pretty graphics. Girls can do easy mix-and-match to create pretty outfits with other girly accessories.

If you want something more stylish from time to time, denim jackets, knitted cardigans, cotton printed t-shirts and leggings also come in sizes from 3 to 10 years.

La Compagnie Des Petits spreads its creative design concepts worldwide, providing children with the best quality apparel. The playful and trendy collection for princesses is available at Windsor House, Ocean Terminal, Grand Century Place, New Town Plaza, Plaza Hollywood, MegaBox and Tmptlaza.

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Holiday Programmes 2011
Easter 26th - 30th April
Summer 27th June - 19th August

Holiday Theatre

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Creative Writing

Week long writing courses
Unlocking the creative potential of our young writers



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Telephone 2547 9114 Email info@FaustWorld.com www.FaustWorld.com

Quality education that meets international standards



Early education is of utmost importance for children. Nobody understands this better than Norwegian International School, in view of its family-like Christian environment with high academic standards, founded in 1994.

The kindergarten section of Norwegian International School (NIS) is a red-brick heritage building furnished with a woodland playground, where students enjoy themselves in half-day and full-day programs. The small class sizes enable individual attention, so that students will be able to receive sufficient guidance and care to enhance their learning.

The primary section nurtures confident, enthusiastic and independent learners. Simultaneously, it builds up young citizens that have a strong sense of responsibility and respect for self and others.

Nestled in the quiet village of Kam Shan, the campus is well equipped, with an artificial grass soccer field, an auditorium, reading corners and learning support areas. The highly qualified teachers help students develop the knowledge and skills for their future, providing individual attention in small classes.

Apart from teaching Mandarin three a week, NIS combines a solid curriculum in Mathematics and English with the International Primary Curriculum to provide a strong foundation for learning.

NIS is committed to educating children in Christian faith. The weekly chapel service is an honored tradition from which they develop richness in spirit that comes from the Bible. A wide range of after-school activities is also an integral part of NIS school life. Parents, its most-valued partners, help in fund raising activities, sports days and other events. NIS has an active Parents Association as it advocates strong communications between parents and teachers for a stimulating and intimate learning environment.

Norwegian International School

Kindergarten/Primary Section
Tel: 2638 0269 / 2638 0341
Email: kinder@nis.edu.hk; office@nis.edu.hk
Website: www.nis.edu.hk

Norwegian International School

July 11-29

Summer program

Primary (Grade 1 to Grade 6)

170 Kam Shan Rd, Tai Po T. 2638 0341



Kindergarten (K1 to K3)

175 Kwong Fuk Rd, Tai Po T. 2638 0269



See our website for details on school admissions and the summer program!

www.nis.edu.hk

LIVING FOR TODAY... LEARNING FOR TOMORROW... LIVING FOR ETERNITY